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WHAT IS CLAIMED IS:

1. A method for improved adhesion of an optical coating to a polarizing film incorporated onto an optical-quality plastic construct comprising:

exposing the polarizing film to a caustic solution at a concentration greater than or equal to 10% to treat the film; and

applying an optical coating to the treated film for effecting a coated, polarized optical-quality plastic part.

- 2. A method for improved adhesion according to claim 1, further comprising the step of making grooves on a surface of the film, wherein the grooves have a substantially uniform direction.
- 3. A method for improved adhesion according to claim 2, wherein the polarizing film has a stretch direction, and wherein the grooves are substantially aligned with the stretch direction.
- 4. A method for improved adhesion according to claim 1, wherein the step of applying an optical coating comprises dipping the film incorporated onto the construct in a solution comprised of the optical coating and withdrawing the film.
- 5. A method for improved adhesion according to claim 2, wherein the step of applying an optical coating comprises dipping the film incorporated onto the construct in a solution comprised of the optical coating and withdrawing the film.
- 6. A method for improved adhesion according to claim 3, wherein the step of applying an optical coating comprises dipping the film incorporated onto the construct in a solution comprised of the optical coating and withdrawing the film.

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- 7. A method for improved adhesion according to claim 2, wherein the step of applying an optical coating comprises dipping the film incorporated onto the construct in a solution comprised of the optical coating and withdrawing the film, and wherein the film is withdrawn from the optical coating solution in a direction substantially perpendicular to the direction of the grooves formed on the surface of the film.
- 8. A method for improved adhesion according to claim 1, further comprising the step of peening a surface of the film.
- 9. A method for improved adhesion according to claim 8, wherein the peening step comprises exposing the surface of the film to plasmas or coronas of inert or heavy gases.
- 10. A method for improved adhesion according to claim 1, further comprising the step of applying an additional optical coating onto the applied coating.
- 11. A method for improved adhesion according to claim 1, wherein the optical coating enhances the optical properties of the plastic part.
- 12. A method for improved adhesion according to claim 1, wherein the optical coating enhances the mechanical properties of the plastic part.
- 13. A method for improved adhesion according to claim 1, wherein the optical-quality plastic part is selected from the group consisting of ophthalmic lenses, lenses, goggles, visors, shields, facemasks, polarized display devices, and windows that require low haze.
- 14. A method for improved adhesion according to claim 1, wherein the opticalquality plastic construct is comprised of a thermoplastic material.

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- 15. A method for improved adhesion according to claim 1, wherein the film is comprised of polyethylene terephthalate.
- 16. A method for improved adhesion according to claim 15, wherein the film is further comprised of a crystalline or semi-crystalline naphthalene dicarboxylic acid polyester.
- 17. A method for improved adhesion according to claim 1, wherein the caustic solution has a concentration in the range of approximately 10% to 30%.
- 18. A method for improved adhesion according to claim 1, wherein the optical coating is selected from the group consisting of a thermal or ultraviolet cured hard coat, an anti-reflection coating, a mirrored coating, and an anti-fogging coating.
- 19. A method for improved adhesion according to claim 1, wherein the optical coating integrally bonds to the film after the step of applying an optical coating to the treated film.
- 20. A method for improved adhesion of an optical coating to a polarizing film incorporated onto an optical-quality plastic construct comprising:

forming grooves having a substantially uniform direction on a surface of the film;

dipping the film incorporated onto the construct in a solution comprised of the optical coating; and

withdrawing the film in a direction substantially perpendicular to the direction of the grooves.

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- 21. A method for improved adhesion according to claim 20, wherein the grooves are substantially uniform.
- 22. A method for improved adhesion according to claim 21, wherein the substantially uniform grooves are formed by consistent pressure applied over substantially all of the surface of the film.
- 23. A method for improved adhesion according to claim 20, wherein the polarizing film has a stretch direction, and wherein the grooves are substantially aligned with the stretch direction.
- 24. A method for improved adhesion according to claim 20, further comprising exposing the polarizing film to a caustic solution to treat the film before the step of dipping the film incorporated onto the construct in a solution comprised of the optical coating.
- 25. A method for improved adhesion according to claim 24, wherein the caustic solution has a concentration greater than or equal to 10%.
- 26. A method for improved adhesion according to claim 25, wherein the caustic solution has a concentration in the range of approximately 10% to 30%.
- 27. A method for improved adhesion according to claim 20, further comprising the step of applying an additional optical coating onto the applied coating.
- 28. A method for improved adhesion according to claim 20, wherein the optical-quality plastic part is selected from the group consisting of ophthalmic lenses, lenses, goggles, visors, shields, facemasks, polarized display devices, and windows that require low haze.

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- 29. A method for improved adhesion according to claim 20, wherein the polarizing film is comprised of polyethylene terephthalate.
- 30. A method for improved adhesion according to claim 20, wherein the optical coating is comprised of a thermal cured hard coat.
- 31. A method for improved adhesion of an optical coating to a polarizing film incorporated onto an optical-quality plastic construct comprising:

physically treating a surface of the film to create a substantially uniform surface; chemically treating the substantially uniform surface by exposing the film to a caustic solution at a concentration greater than or equal to 10% to treat the film; and applying an optical coating to the treated film for effecting a coated, polarized optical-quality plastic part.

- 32. A method for improved adhesion according to claim 31, wherein the step of physically treating the surface comprises forming grooves having a substantially uniform direction.
- 33. A method for improved adhesion according to claim 31, wherein the step of physically treating the surface comprises peening the film.
- 34. A method for improved adhesion according to claim 31, wherein the step of applying an optical coating comprises dipping the film incorporated onto the construct in a solution comprised of the optical coating and withdrawing the film.
- 35. A method for improved adhesion according to claim 32, wherein the step of applying an optical coating comprises dipping the film incorporated onto the construct in a solution comprised of the optical coating and withdrawing the film.

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- 36. A method for improved adhesion according to claim 33, wherein the step of applying an optical coating comprises dipping the film incorporated onto the construct in a solution comprised of the optical coating and withdrawing the film.
- 37. A method for improved adhesion according to claim 32, wherein the step of applying an optical coating comprises dipping the film incorporated onto the construct in a solution comprised of the optical coating and withdrawing the film, and wherein the film is withdrawn from the optical coating solution in a direction substantially perpendicular to the grooves.
- 38. A method for improved adhesion according to claim 32, wherein the polarizing film has a stretch direction, and wherein the grooves are substantially aligned with the stretch direction.
- 39. A method for improved adhesion according to claim 37, wherein the polarizing film has a stretch direction, and wherein the grooves are substantially aligned with the stretch direction.
- 40. A method for improved adhesion according to claim 31, further comprising the step of applying an additional optical coating onto the applied coating.
- 41. A method for improved adhesion according to claim 31, wherein the optical-quality plastic part is selected from the group consisting of ophthalmic lenses, lenses, goggles, visors, shields, facemasks, polarized display devices, and windows that require low haze.
- 42. A method for improved adhesion according to claim 31, wherein the optical-quality plastic construct is comprised of a thermoplastic material.

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- 43. A method for improved adhesion according to claim 31, wherein the film is comprised of polyethylene terephthalate.
- 44. A method for improved adhesion according to claim 31, wherein the caustic solution has a concentration in the range of approximately 10% to 30%.
- 45. A method for improved adhesion according to claim 31, wherein the optical coating is a thermal cured hard coat.
- 46. A method for improved adhesion according to claim 31, wherein the optical coating integrally bonds to the film after the step of applying an optical coating to the treated film.
- 47. A method for improved adhesion of an optical coating to a polarizing film incorporated onto an optical-quality plastic construct comprising:

physically treating a surface of the film by plasma exposure to peen the surface and thereby create a substantially uniform surface;

chemically treating the substantially uniform surface by plasma exposure; and applying an optical coating to the treated film for effecting a coated, polarized optical-quality plastic part.

- 48. A method for improved adhesion according to claim 47, wherein the optical-quality plastic part is selected from the group consisting of ophthalmic lenses, lenses, goggles, visors, shields, facemasks, polarized display devices, and windows that require low haze.
- 49. A method for improved adhesion according to claim 47, wherein the optical-quality plastic construct is comprised of a thermoplastic material.

- 50. A method for improved adhesion according to claim 47, wherein the film is comprised of polyethylene terephthalate.
- 51. A method for improved adhesion according to claim 47, wherein the optical coating is a thermal cured hard coat.
- 52. A method for improved adhesion according to claim 47, wherein the optical coating integrally bonds to the film after the step of applying an optical coating to the treated film.